

Phone Numbers:



# Narcotics Anonymous®

## CHINOOK AREA MEETING LIST MARCH 2010 v2

BANFF, CALGARY, CLARESHOLM,  
CRANBROOK, DRUMHELLER,  
KIMBERLEY, LETHBRIDGE, MEDICINE  
HAT, OKOTOKS, OLDS, ROCKY  
MOUNTAIN HOUSE, STRATHMORE,  
SUNDRE, TABER

AREA TELEPHONE HELP LINES

**CALGARY (403) 991-3427**  
**MEDICINE HAT (403) 979-2440**

**1-877-463-3537**

\*\*\*CURRENT MEETING LISTS ARE ALWAYS  
DOWNLOADABLE FROM OUR WEBSITE\*\*\*

[www.chinookna.org](http://www.chinookna.org)

email: [PI@Chinookna.org](mailto:PI@Chinookna.org)

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**CHINOOK AREA OF  
NARCOTICS ANONYMOUS®**

**Box 61134 Kensington RPO  
Calgary, Alberta T2N 4S6**

**Changes or corrections** to this list?  
Please Email us at: [PI@CHINOOKNA.ORG](mailto:PI@CHINOOKNA.ORG)

### **BANFF, AB**

**Wednesday 8:00 PM BANFF GROUP**

Banff Mineral Springs Hospital, 305 Lynx Street (Cafeteria,  
IWH&W Study - NS, C, W)

### **CLARESHOLM, AB**

**Thursday 8:00 PM NUTS & NEUROTIC GROUP**

St. John's Anglican Church, 126 - 52 Avenue West  
(Step/Tradition/Concept Study - NS, O, W)

**Saturday 8:00 PM PEACE AND SERENITY GROUP**

St. John's Anglican Church, 126 - 52 Avenue West  
(Topic/Discussion - NS, O, W)

### **CRANBROOK, BC**

**Monday 7:30 PM NEW FREEDOM GROUP**

Cranbrook District Hospital, (Psychiatric Group Meeting Room,  
Topic/Discussion - NS, O, W)

**\* NEW MEETING Friday 8:00 PM WE DO RECOVER**

Cranbrook Community Living Centre, 1402-1<sup>st</sup> Street South, (Sun  
Room, Topic/Discussion - NS, O,W, 1hr mtg)

### **DRUMHELLER, AB**

**Friday 8:00 PM SPREADING YOUR WINGS GROUP**

Drumheller Civic Centre, 224 - Centre Street  
(Text/Topic Discussion - NS, O, CL, W)

### **KIMBERLEY, BC**

**Saturday 8:00 PM KIMBERLEY GROUP**

Kimberley United Church, 10 Boundary Street (Topic/Discussion -  
NS, O, W, CL)

### **LETHBRIDGE, AB**

**Sunday 7:30 PM WINDS OF CHANGE GROUP**

Chinook Meeting Hall, 408-13 Street North  
(Discussion - NS, O, W)

**Monday 7:30 TO ANY LENGTHS GROUP**

Chinook Meeting Hall, 408-13 St. North (Topic/Discussion - NS, O,  
W, CL)

**Tuesday 7:00PM NEW BEGINNERS GROUP**

Southminster United Church (West Entrance)  
1011 - 4 Avenue S (Topic/Discussion - NS, O)

### **LETHBRIDGE, AB (CONT'D)**

**Wednesday 7:00PM NEW BALANCE GROUP**

Christ Trinity Lutheran Church 416-12St S (Downstairs- Use  
South Entrance- NS, W, O)

**Thursday 1:00PM COURAGE TO CHANGE II**

Lethbridge Shelter: 802 - 2nd Avenue A North  
(Basic Text Study/Open Discussion - NS, O, W) 1hr mtg

**Thursday 7:00PM 25 UNDER MEETING**

Chinook Club: 408 - 13 Street North (Basement - Open  
Discussion - NS, O)

**Thursday 7:00PM NEW BEGINNERS GROUP**

South Minister United Church (West Entrance)  
1011 - 4 Avenue S (IP/Discussion - NS, O, CL)

**Saturday 7:00PM A NIGHT AT THE ROUND TABLE  
GROUP**

Westside Community Church 480 McMaster Blvd W  
(format TBD)

### **MEDICINE HAT, AB**

**Sunday 7:00 PM COURAGE TO CHANGE GROUP**

Westminster United Church, 101-6St SE (Basement,  
Discussion - NS, O)

**Monday, Wednesday & Friday 8:00 PM LIFE  
SAVERS GROUP**

Alano Club, 466 - Macleod Trail, SE (Mon&Fri:  
Topic/Discussion; Wed: Step/Tradition-NS, O, W)

**Saturday 8:00 PM SATURDAY NIGHT LIVE GROUP**

The Bridge Church, 350 - 1<sup>st</sup> Ave. NE (Topic/Discussion-NS,  
O, W, CL)

### **OKOTOKS, AB**

**Wednesday 7:00 PM BIG ROCK NEWCOMERS**

United Church Office, 43 Riverside Drive  
(Food Bank Door, Topic/Discussion - NS, O)

### **OLDS, AB**

**Tuesday 7:30 PM NEW ALTERNATIVES GROUP**

St. John's Anglican Church, 4821 - 50 Street  
(Text/Topic - NS, O, CL)

## ROCKY MOUNTAIN HOUSE, AB

**Wednesday 7:30 PM NA GROUP**

Rocky Native Friendship Centre, 4917 - 52 Street  
(Backdoor)(Discussion-NS, W, C)

## STRATHMORE, AB

**Sunday**

**7:00 PM SECOND CHANCE GROUP**

Full Gospel Church, 50 Maplewood Drive  
(backdoor, Topic/Discussion - O, NS)

## SUNDRE, AB

**Thursday 8:00 PM STEPPING STONES GROUP**

Anglican Church, 602-1 Street NE  
(Step/Tradition Study - O, NS, CL)

## TABER, AB

**Friday 7:30 PM NEW DIRECTIONS GROUP**

United Church, 4929-50 Avenue North  
(Basement, Topic/Discussion-Wednesday, Step/Tradition- Friday - C, NS, W, CL)

## CALGARY, AB

**Sunday**

**2:00 PM RIPPLE EFFECT GROUP**

St. Mark's Church, 1802-33 Avenue SW  
(Daily Meditation, Step/Tradition, Discussion - NS, O, W)

**7:00 PM FRESH START GROUP**

Peter Lougheed Hospital, 3500 - 26 Avenue NE  
(Auxiliary Rm by Cafeteria, Daily Meditation Med - NS, O, W)

**7:30 PM MORE WILL BE REVEALED GROUP**

Scarboro United Church, 134 - Scarboro Avenue SW  
(Daily Meditation - NS, O, W)

**Monday**

**12:00 NOON SOWING THE SEED GROUP**

Central United Church, 131 - 7 Avenue SW  
(Back alley door, Meeting Rm #3 downstairs, Line numbered basic text study, **Closed Holidays** - NS, O, W, 1hr mtg)

**7:30 PM JUST FOR TODAY GROUP**

Wild Rose United Church, 1317 - 1 Street NW  
(Step/Tradition Study - NS, O)

**8:00 PM THE PATH GROUP**

Oak Park Church of Christ, 11263 Oakfield Drive SW (Southwest Door, Youth Room, Step/Tradition - NS, C)

## CALGARY, AB (CONT'D)

**Tuesday**

**12:00 NOON VISION OF HOPE GROUP**

Salvation Army Centre of Hope, 420-9 Avenue SE (Use 9th Avenue Door – **must be there before noon** as door gets locked, Life Skills Room, Daily Meditation - NS, O, W, 1hr mtg)

**NEW TIME: 7:30 PM FREE TO BE GROUP**

St. Matthew's United Church, 2035 - 26A Street SW (Held in the Library, Women's Meeting - Basic Text Study - NS, O)

**7:00 PM FRESH START GROUP**

Peter Lougheed Hospital, 3500 - 26 Avenue NE (Auxiliary Room by Cafeteria, Beginners Meeting - NS, O, W)

**7:30 PM MEN AND RECOVERY GROUP**

Northmount Baptist Church, 451 Northmount Drive NW (Entrance off the back lane, Downstairs, Daily Meditation, Men's Meeting; Birthday meeting (when needed) last Tues. of the month open to all - NS, O, W, 1hr mtg)

**7:30 PM MIRACLES IN RECOVERY GROUP**

Foothills Lutheran Church, 3104 - 34 Avenue NW (Basement Entrance, Topic/Pamphlet Study - NS, W, C, CL)

**7:30 PM BELTLINE SERENITY GROUP**

St. Matthew's United Church, 2035 - 26A Street SW (Conference Room, Line # Basic Text Study - NS, O)

**Wednesday**

**12:00 NOON SOWING THE SEED GROUP**

Central United Church, 131 - 7 Avenue SW  
(Back alley door, Meeting Room #3 downstairs, Line numbered basic text study, **Closed Holidays** - NS, O, W, 1hr)

**7:00 PM FRESH START GROUP**

Peter Lougheed Hospital, 3500 - 26 Avenue NE (Auxiliary Room by Cafeteria, Alternating Steps & Traditions - NS, O, W)

**7:30 PM STEPPING INTO RECOVERY GROUP**

Southwood Community Centre, 11 Sackville Drive SW (Chateau Room, Step Study - NS, O, W)

**Thursday**

**7:30 PM INNER PEACE**

St. Mark's Church, 1802 - 33 Avenue SW  
(Step/Topic - NS, O, CL, W, No Pets)

**7:45 PM IT WORKS HOW AND WHY**

St. John Lutheran Church, 204-6A Street NE (IWH&W Text Study, NS, O)

## CALGARY, AB (CONT'D)

**Thursday (cont'd)**

**8:00 PM CONSCIOUS CONTACT**

#134 – 1111 6<sup>th</sup> Ave SW - West of the main entrance  
(Step/Topic NS, O, W)

**8:00 PM WE DO RECOVER GROUP**

Alpha House Detox Centre, 203 - 15 Avenue SE  
(15<sup>th</sup> Ave Entrance, Dining Room, Beginners Meeting: Steps 1,2,3 - NS, O, W) – **ENTER VIA 15AVE DOOR**

**Friday**

**12:00 NOON SOWING THE SEED GROUP**

Central United Church, 131 - 7 Avenue SW  
(Back alley door, Meeting Room #3 downstairs, Line num basic text study, **Closed Holidays** - NS, O, W, 1hr mtg)

**\* NEW MEETING STARTING MARCH 19 - 7:00 PM EQUALITY IN RECOVERY GROUP**

Sheldon M. Chumir Health Centre, 1213 – 4<sup>th</sup> St SW (Room TBD, Format TBD - NS, O, Alternative Lifestyles)

**7:30 PM BELTLINE SERENITY GROUP**

St. Matthew's United Church, 2035-26A Street SW  
(Conference Room, Topic/Discussion, Speaker Meeting Every Other Month - NS, O)

**7:30 PM PATHWAYS TO VICTORY**

Victory Outreach Centre, 1840-38 Street SE (Basement, Daily Meditation/Discussion, NS, O)

**8:00 PM FRESH START GROUP**

Peter Lougheed Hospital, 3500 - 26 Avenue NE  
(Auxiliary Room by Cafeteria, Literature Study - NS, O, W)

**8:00 PM NEW YOU**

St. Mark's Church, 1802 - 33 Avenue SW  
(Basic Text Study - NS, W, C - O on Last Fri. of Month)

**Saturday**

**10:00 AM A SIMPLE WAY OF LIFE GROUP**

Unit 134 – 1111 6<sup>th</sup> Ave SW - West of the main entrance  
(Topic/Discussion - NS, C, W, No Pets)

**7:00PM NIGHT VISION GROUP**

River Park Church, 3818 – 14a Street SW  
(Daily Meditation, Topic/Discussion - NS, O, CL)

**7:00 PM VISION OF HOPE GROUP**

Salvation Army Centre of Hope, 420 - 9 Ave SE (Use West Door, Life Skills Rm, Step/Trad. Study -NS, O, W, 1hr mtg)

## RECOVERY MEETINGS ARE USUALLY 1.5 HRS

\*- denotes New Meeting, C-Closed For Addicts Only, O- Open to the public, S-Smoking, NS-Non-Smoking, CL-Candle Light, W-Wheelchair Accessible

## SUB COMMITTEE MEETINGS

**HOSPITALS & INSTITUTIONS (H&I)**

Meets **second Saturday** at 9:30AM at **PLH**

**SOUTHERN CHINOOK CO-OP H&I**

Meets **second Saturday** at 2:00PM at **CSRA**

**PUBLIC INFORMATION (PI)**

Meets **second Wednesday** at 7:00pm at **CSH**

**PI SATELLITE COMMITTEE - MEDICINE HAT**

Is part of the above PI subcommittee, and meets **second Wednesday** at 6:30PM at **CIMH**

**ACTIVITIES**

Meets as necessary usually on a **Friday at 6:00PM** at **PLH** Next meetings scheduled are **March 12, April 2, 16, 30**

**NEWSLETTER**

Meets **second Wednesday** at **6:00PM** at **CIMH**

**OUTREACH**

Does not currently meet regularly.

**AREA SERVICE COMMITTEE**

Usually held monthly from **12-430PM** on the **fourth Saturday** in Calgary (unless otherwise noted) at **PLH**

**12-1PM: Workshop; 1-430PM: ASC**

**ASC will NOT be held: Mar, June, Oct, Dec**

2010 **RSCs** held: March 6&7 In Regina; June-??; October-??

Next ASCs: **Apr 24, May 22, July 24, Aug 28, Sep 25, Nov 27**

**CIMH** = Callaghan Inn 954-7th St SW in the "Boardroom" next to the restaurant; Medicine Hat, AB

**CSH** = Calgary Self Help Centre, 1019-7<sup>th</sup> Avenue SW, 2<sup>nd</sup> Floor Conference Room; Calgary, AB

**CSRA** = Chinook Society for Recovery Addicts, 408 - 13 Street North, Main Floor, Wheelchair Accessible, Lethbridge, AB

**PLH** = Auxiliary Dining Room of the Peter Lougheed Hospital 3500-26 Ave NE; Calgary, AB